

# Sally Goddard Blythe MSc.

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## DATE OF BIRTH

13<sup>th</sup> April 1957

## NATIONALITY

British

## EDUCATION

- Master of Science (Psych). California Coast University
- Bachelor of Science (Psych). California Coast University
- 1976 – 1978: 2 years of study towards a joint honours degree in History and Fine Arts at the University of St Andrews.
- 1976: English Speaking Union Travel Scholar to The Mary C Wheeler School, Providence. RI.
- 1975: 3 “A” Levels in English Literature (A grade), History (B grade) and General Studies (A grade) plus scholarship papers in English and History (Oxford and Cambridge examination board)
- 1973: 8 GCE “O” Levels in: English Language, English Literature, History, Maths, Geography, French, Divinity and Music (London examination board)
- 2001- 2016: Director of The Institute for Neuro-Physiological Psychology (INPP Chester) - private research, training and clinical organisation specialising in the assessment and remediation of neuro-developmental problems in children with specific learning difficulties and adults suffering from agoraphobia and panic disorder.
  - ❖ Director of international training in the INPP Method.
  - ❖ Author of 7 books on child development.

## WORK EXPERIENCE

- 1990 – 2001: permanent member of staff at the INPP involved in the assessment and supervision of neuro-developmental programmes using the INPP method. Involved in training other professionals in the use of the INPP method from 1996.
- Author of the INPP test battery and developmental exercise programme for use in schools – **1996.**
- 1988 -1990: trainee therapist at the INPP.
  - 1981 – 1987: full time mother of 3 children

## PUBLISHED WORK

- “*A Teacher’s Window into the Child’s Mind*”. Fern Ridge Press. Eugene. OR. 1996.
- “*Reflexes Learning and Behavior*”. Fern Ridge Press. Eugene. OR.2002.
- “*The Well Balanced Child*”. Hawthorn Press. Stroud. 2003.
- “*What Babies and Children Really Need*”. Hawthorn Press. Stroud. 2007.
- “*Attention, Balance and Coordination – The A,B,C of Learning Success*” published by Wiley-Blackwell. April 2009.
- “*The Genius of Natural Childhood – Secrets of Thriving Children*”. published by Hawthorn Press. Stroud. July 2011.
- *Assessing neuromotor readiness for learning. The INPP Developmental Screening Test and School Intervention Programme.* Due to be published by Wiley-Blackwell. March 2012.
- Chapter contributions to: *Too much too soon.* House R (Ed). Hawthorn

Press. Stroud.

- *Improving the Quality of Childhood in Europe*. Clouder C, Heys, Matthes M, Sullivan P, (Eds). Forest Row. 2012.
- *Neuromotor Immaturity in Children and Adults. The INPP Screening Test for Clinicians and Health Practitioners*. Wiley-Blackwell. Chichester. 2014.

Also, numerous articles for professional and popular journals.

Publications in peer reviewed journals:

- Screening for neurological dysfunction in the specific learning difficulty child. *The British Journal of Occupational Therapy*. October 1998.
- Neurological dysfunction as a significant factor in children diagnosed with dyslexia. *Proceedings of The 5<sup>th</sup> International British Dyslexia Association Conference*. University of York. April 2001.
- Releasing educational potential through movement. A summary of individual studies carried out using the INPP test battery and developmental exercise programme for use in schools with children with special needs. *Child Care in Practice*. 2005. 11/4:415-432.
- Neuromotor immaturity as an indicator of developmental readiness for education. Report on the use of a neuromotor test battery and developmental movement programme in schools in Northumberland and Berkshire. In: *Movement, Vision, Hearing – the Basis of Learning*. Kulesza EM (Ed). Wydawnictwo Akademii Pedagogiki Specjalnej im. Marii Grzegorzewskiej. Warsaw.
- Correcting the facts – Abnormal primitive reflexes in behavioral optometry and vision therapy. *Journal of Behavioral Optometry*. 23/5:138-142. Due to be published October 2012.
- The importance of movement in early development. Accepted for publication in the *Physical Literacy Bulletin*. Spring 2014.

## PEER REVIEWED JOURNALS

## RECENT PRESENTATIONS

- May 2011. Presentation on the importance of *movement for learning* to a working party on improving the quality of childhood in Europe at the European Parliament in Brussels.
- Provided training accredited as part of CPD for Physical Therapists in the tri-state area in New York City in March 2012.
- The National Montessori Schools Conference. London. March 2012.
- The World Early Childhood Conference. April 2012. Dornach. Switzerland.
- The INPP International Conference. April 2012. Barcelona. Spain.
- Keynote lecture to Early Years Conference. Laban Centre. Greenwich, London. June 2012.
- Training courses in the use of *Assessing neuromotor readiness for learning* to Liverpool City schools (June 2012), special needs teachers in Bratislava, Slovakia and teachers, psychologists and medical practitioners at The University Hospital in Prague (September 2012)
- An Introduction to The INPP Method to clinical staff at The Children's Hospital, Bratislava. Slovakia (September 2012)
- Early Years Conference. Greenwich. London. October 2013.
- Presentation to a cross political party working committee on early childhood at the House of Commons. Westminster. June 2014
- INPP International Conference. Vienna. October 2014
- Early Years professionals. Ireland. July 2015
- Accredited CPD training to Physical and Occupational Therapists in the use of "*Assessing Neuromotor Readiness for Learning*". Therapeutic Services. New York City. USA. 2015.
- Keynote lecture to ISKA Conference. County Limerick. Ireland September 2015.
- Keynote lecture to Early Years Conference. London. October 2015

- Oxford Early Years Conference. October 2015
- INPP 40th Anniversary Conference held at The Royal Society of Arts. London. October 2015
- Keynote lecture to Special Needs Conference. Northampton. November 2015.
- Keynote lecture for Early Years Practitioners. London borough of Barnet. February 2016.
- Keynote lecture to MERYC Conference. Edge Hill University. Lancashire. May 2016
- Annual delivery of the INPP training course for practitioners. Chester. UK

I have also led training to other professionals in the techniques developed at INPP in the UK, Italy, Poland, Germany, The Netherlands, Spain, Italy, Greece, Cyprus, the USA, Slovakia, Czech Republic and the USA.

#### OTHER SKILLS

I have overseen standardisation of the training course in the INPP Method for delivery in the USA and other parts of the world. This course is now offered in 14 countries throughout the world.

Clinical practice; lecturing and writing.

#### AFFILIATIONS

- Member of a consultation group making alternative recommendations for the early years curriculum in England.
- Member of the scientific board of a journal published by the Academy of Special Education in Warsaw
- Consultant to AVAMIND

#### PROFESSIONAL MEMBERSHIPS

Member of the Society of Authors  
 Member of the International Alliance for Childhood  
 Member of the Education Panel for the Dyspraxia Foundation (UK)  
 Patron of Toddler Kindy GymparROO (Australia)

#### IN PRESS

- 2<sup>nd</sup> edition of : *Attention Balance and Coordination. The A,B,C of Learning Success.* Wiley-Blackwell. Chichester. 2016/2017
- 2<sup>nd</sup> edition of: *What babies and children really need* to be published under a new title, *Raising Healthy, Happy Children.* Hawthorn Press. Stroud. 2017.
- *Born to Move.* Hawthorn Press. Stroud.

#### COMMISSIONS

*Wings of Childhood.* Book with stories, movement activities and musical CD for parents and educators to use with pre-school children. Due 2017.